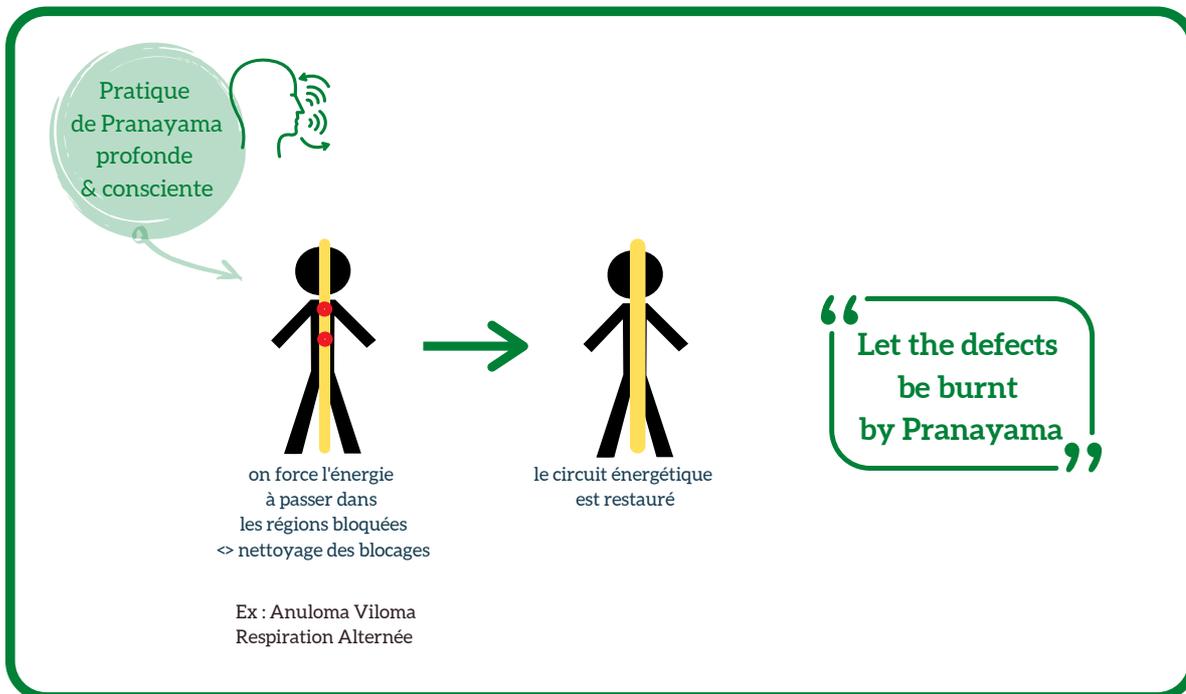
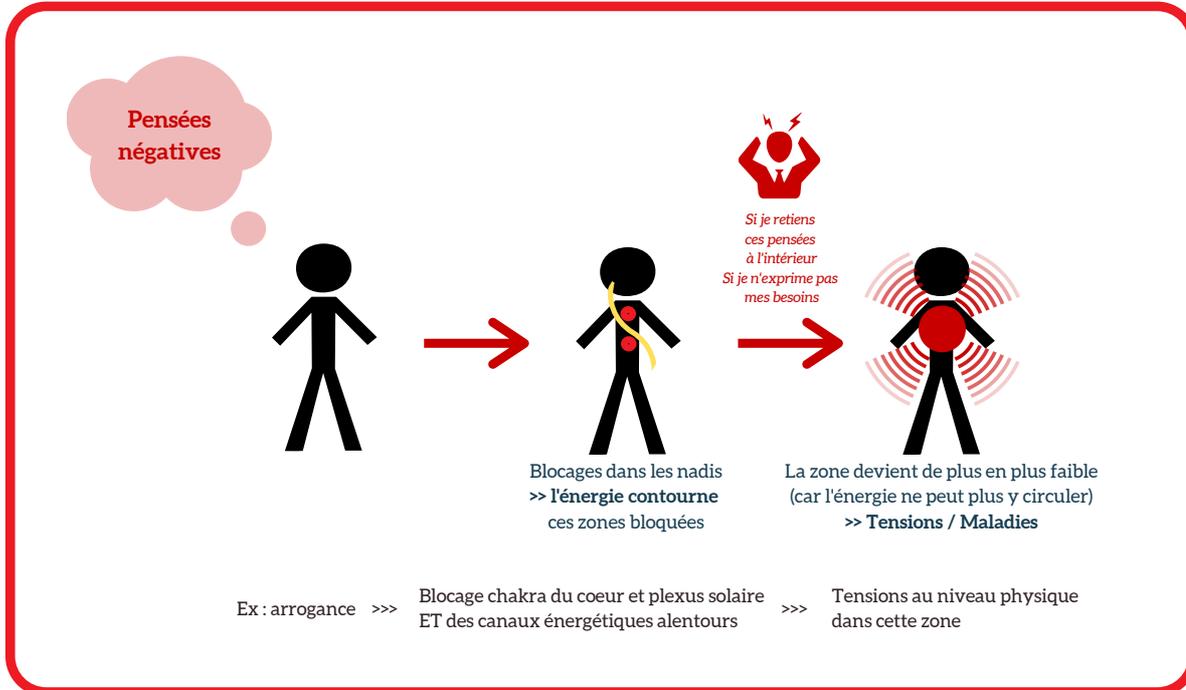


La puissance du Pranayama

Source ; "Prana & Pranayama" by Swami Niranjanananda



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